

Love

DECLARATION

Dear Self,

This is a reminder that it is okay to choose me, I wear many hats in this life but I must take them off and pour LOVE, PATIENCE and KINDNESS into myself. I can not be of service to anyone else if I am depleted. The hurt, pain and dissatisfaction that consumed me, I release it. I will not be held captive to my past. With the grace of God, I AM new. I'm working on my self daily; breaking chains, negative mindsets and destructive habits. I AM clearing my spaces of people, places and things that don't bring me joy or serve me in a positive manner, as I walk in my purpose. I AM creative, talented and resourceful. My gifts will make room for me. I will no longer dim my light. My desire is to SEE myself as God sees me. I will shift atmospheres and circumstances, there is power in my words! I AM beautiful, loved and worthy. I will no longer settle in my love life, career or with my goals. Everything attached to me wins! I will practice self-care, celebrate the little things and show gratitude. I love you!

**Sincerely,
Self**

ALEXMONAE
LIFE X STYLE

